

**DEPARTMENT OF HOME SCIENCE**  
**ANNUAL REPORT**  
**2022-2023**



**CRITERIA I - CURRICULAR ASPECTS**

**1.1.3 Faculty Participation and Positions in various bodies**

Sl. No	Representation of Faculty	University of Calicut	Other University	Autonomous College	College Level
1.	Academic Council member	1			
2.	BoS member	3			
3.	PhD Doctoral Committee		1		
4.	Question paper setting	3	1	1	
5.	Chairperson for the theory and practical examination	2			
6.	BoS Certificate Course				3
7.	University Examination Invigilation				
	Theory				7
	Practical				4
8.	Subject expert		1	2	

Sl. No	Name of Teacher participated	Name of the Body in which Full Time Teacher Participated
1.	A S Anitha Begum	Academic Council member
2.	A S Anitha Begum	BoS member (Home Science)
3.	Dr. Annie Ninan	BoS member (Home Science)
4.	Dr. N V Fatimathu Zuhara	BoS member (Home Science)
5.	Dr. Annie Ninan	PhD Doctoral Committee member
6.	A S Anitha Begum	Question paper setting (Autonomous University)
7.	A S Anitha Begum	Chairperson for the theory and practical examination (BSc Family and Community Science)
8.	Dr. N V Fatimathu Zuhara	Chairperson for the theory and practical examination (MSc Home Science)

9.	A S Anitha Begum	BoS Certificate Course
10.	Dr. Annie Ninan	BoS Certificate Course
11.	Dr. N V Fatimathu Zuhara	BoS Certificate Course

## 1.2 Academic Flexibility

Students from other departments were offered open course Food Science and Basic Cookery and students from home science department opted open course offered by other departments

### 1.2.2 Number of Add on /Certificate programs offered during the year

#### Certificate Courses offered by the department during the year

Sl. No	Name of Certificate Course	Course Code	Coordinator	No. of times offered during the year	Duration of the course	No. of students enrolled in the year	No. of students completed
1.	Certificate Course in Culinary Arts	FCSCC07	Ms. Shahla Karuthedath	1	30 Hours	46	46
2.	Certificate Course in Food Preservation	FCSCC08	Ms. Nishidha Haridas	1	30 Hours	46	46
3.	Certificate Course in Reference Management using Mendeley	FCSCC09	Dr. Annie Ninan	1	30 Hours	37	37
4.	Certificate Course in	FCSCC010	Dr. NV Fatimathu Zuhara	1	30 Hours	11	11

	Make-up Arts						
5.	Certificate Course in Denim Upcycling	FCSCC11	Ms. A S Anitha Begum	1	30 Hours	39	39
6.	Certificate Course in Data Analysis using Excel	FCSCC12	Ms. Bushaira V	1	30 Hours	18	18
7.	Certificate Course in Wellness and Fitness	FCSCC13	Ms. Loosiya	1	30 Hours	39	39

### 1.2.3 List of Students Completed Online Certificate Course from other platforms

Sl. No	Name of the Student	Course	Platform and Duration
1.	Linsha TC	Maternal Infant Young Child Nutrition	Swayam 12 Week Course Jan to April 2023

Sl. No	Name of the Student	Course	Platform and Duration
1.	Risba Sirin K	Office Automation	PG Dept. of Computer Science 30 Hour Course Jan to March 2023
2.	Safwa T	Office Automation	PG Dept. of Computer Science 30 Hour Course

			Jan to March 2023
3.	Nada Musthafa	Office Automation	PG Dept. of Computer Science 30 Hour Course Jan to March 2023
4.	Hasna Jan CK	Office Automation	PG Dept. of Computer Science 30 Hour Course Jan to March 2023
5.	Salma Faba	Office Automation	PG Dept. of Computer Science 30 Hour Course Jan to March 2023
6.	Nasba K	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
7.	Risvana Dilna	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
8.	Jumana Jabeen C	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
9.	Athila K	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
10.	Rushda KT	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
11.	Mubashira	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
12.	Irfana Sayyida	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022

13.	Inthishana	Quran and Modern Science	Dept. of Arabic 30 Hour Course Sep to Oct 2022
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### 1.3 Curriculum Enrichment

#### 1.3.2 Number of courses that include experiential learning through project work/field work/internship during the year

Sl. No	Course Code and Name of the Course	Name of experiential learning (Project work, Field Work, Internship)	Name of the Programme	No. of students participated
1.	FCS6BPR - PROJECT	Project work	Project	41
2.	HND4P01 - PROJECT	Project work	Project	17
3.	HND3C11 – COMMUNITY NUTRITION	Field Work	Community Nutrition Camp	18
4.	HNDI01 – HOSPITAL INTERNSHIP AND COMMUNITY NUTRITION EDUCATION PROGRAMM	Internship	Hospital Internship	19

#### 1. Field Projects MSc Home Science (Nutrition and Dietetics)

SL NO	NAME OF THE STUDENT	PROJECT GUIDE	FIELD PROJECTS
1.	AARITHA H	Dr. Annie Ninan	A Comparative Study on the Birth Weight and the Current Nutritional Status of Preschool Children in Manjeri Municipality

M	ANSHIYA C M	Ms. Loosiya K P	A Study on Dietary Intake and Nutritional Status of Tribal Adolescent Girls (13-19 Years) in Nilambur
3.	AREEJ MEHJABEEN PARY	Ms. Shahla Karuthedath	A Study on the Dietary Pattern and Lifestyle Modification among Pre and Post Myocardial Infarction Patients
4.	HASNA ABDUSSALAM P K	Dr. Annie Ninan	Nutritional and Psychological Challenges Faced by Mothers of Autistic and Cerebral Palsied Children
6.	NIHALA BINTH NAZER	Ms. Bushaira V	A Study on the Prevalence of Anemia and Assessment of Nutritional Status among Adults (20-60 Years) of Manjeri Municipality.
7.	RASHIDA BANU PP	Ms. Shahla Karuthedath	A Study on Intake of Nutrient Supplements, Dietary Habits and KAP of Fitness Clients in Manjeri Municipality
8.	SHIRIN E K	Dr. N V Fatimathu Zuhara	Identification of High-Risk Groups of Diabetes using Indian Diabetes Risk Score in Nellikkuth Ward and Diabetes Education to High-Risk Group

## 2. Field Projects BSc Family and Community Science

SL NO	NAME OF THE STUDENT	PROJECT GUIDE	FIELD PROJECTS
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1.	FATHIMA SAFA MUFEEDA MOL NADA MUSTHAFA SHIFNA THENGINTHODI	Ms. Bushaira V	Evaluation of Food Adulteration among Selected Food Items
2.	AMNA P ANSHEERA CM FATHIMA NIDA P FATHIMA RINSHA HAMNA KM KAVYA P	Ms. Loosiya KP	A Study Academic Performance and Nutritional Status of Pregnant Students of KAHM Unity Women's College, Manjeri

### 3. Field Work - Community Nutrition Camp

As a part of the curriculum, the III<sup>rd</sup> semester M. Sc Home Science (Nutrition and Dietetics) students conducted a seven days community nutrition camp at Chokidi Kadappuram, Parappanangadi on 28/09/2022 to 04/10/2022. The objectives of community nutrition education programme were to assess the health and nutritional status of the fishing community in Parappanangadi, to check the blood pressure and Fasting Blood Sugar and to conduct diet counselling and to impart awareness on 'Lifestyle Diseases and Proper Diet' to fishing community. In the health checkup anthropometric measurements like height and body weight, body mass index, blood pressure and Random blood sugar of the local fishing community were assessed and based on this proper diet counselling was provided to them. A questionnaire was distributed to them to understand the socioeconomic background and food habits. Mrs. Sreeja (Anganwadi teacher) inaugurated the session and the ICDS supervisor and CDPO of the locality visited the camp. An awareness class on 'Lifestyle Diseases and Proper Diet' was provided by Mrs. Hasna Abdussalam and Mrs. Shirin. E.K., III Sem M Sc Home Science (Nutrition and Dietetics).

SL NO	NAME OF THE STUDENT	SEMESTER
1.	AARITHA H	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
2.	ANSHIYA C M	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics



3.	AREEJ MEHJABEEN PARY	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
4.	AYISHA SHIFANA K	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
5.	FADIYA FEBIN K	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
6.	FATHIMA SHIFA KP	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
7.	HASNA ABDUSSALAM PK	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
8.	MUBASHIRA AK	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
9.	NIHALA BINTH NAZER	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
10.	NUSRIN K	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
11.	RAHEELA TIBA KK	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
12.	RASHIDA BANU PP	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
13.	SAFANA SHARIN P	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
14.	SAFEEDA SARIN KT	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
15.	SHAMNA K	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
16.	SHANA	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
17.	SHIRIN EK	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics
18.	THASREEFA PM	3 <sup>rd</sup> Semester MSc Nutrition and Dietetics

#### 4. Internship done by the students

SL NO	NAME OF THE STUDENT	NAME OF THE HOSPITAL	TIME DURATION
1.	AYISHA FIDA K	Amala Hospital, Thrissur	02-05-2023 to 01-06-2023
2.	AYSHA FARAH	Aster MIMS, Kozhikode	02-05-2023 to 02-06-2023

3.	BAHABOODIYYA C T	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
4.	BAHIRA M	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
5.	FARZEEN	Aster MIMS, Kozhikode	02-03-2023 to 02-06-2023
6.	FATHIMA HEBA SHUKKOOR	Kannur Medical College & Super Specialty Hospital, Anjarakkandy	01-03-2023 to 30-03-2023
7.	HASNA M	Moulana Hospital, Perinthalmanna	02-03-2023 to 31-03-2023
8.	HIBA HAMEED K	Amala Hospital, Thrissur	02-05-2023 to 01-06-2023
9.	LISHANA M	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
10.	MUNSILA S	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
11.	NASMA P	Kannur Medical College & Super Specialty Hospital, Anjarakkandy	01-03-2023 to 30-03-2023
12.	RISVANA P	Amala Hospital, Thrissur	02-05-2023 to 01-06-2023
13.	RIYANA NIMSHU U	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
14.	SAYYIDATH FATHIMA RIFA V	Aster MIMS, Calicut	02-03-2023 to 02-06-2023
15.	SHAFNA C	Moulana Hospital, Perinthalmanna	02-03-2023 to 31-03-2023
16.	SHAMEENA C T	Amala Hospital, Thrissur	02-05-2023 to 01-06-2023
17.	SHAMILA E S	Amala Hospital, Thrissur	02-05-2023 to 01-06-2023
18.	SHINANA SHERIN M	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023
19.	THAHSIN HANAN T P	Moulana Hospital, Perinthalmanna	01-05-2023 to 31-05-2023

### List of Online Platforms Used

Zoom, Google quiz, gnomio-moodle, Edmodo, google classroom, YouTube video, WhatsApp, Google meet.

<b>Sl. No</b>	<b>Name of the Faculty</b>	<b>Platform Used for teaching, learning and evaluation</b>	<b>Total No. of e-communications</b>
1.	Mrs. A S ANITHA BEGUM	Google class room Google meet Zoom WhatsApp	30
2.	Dr. ANNIE NINAN	Google class room Google meet Zoom WhatsApp Gmail	40
3.	Dr. N V FATIMATHU ZUHARA	Google class room Google meet Zoom WhatsApp Gmail YouTube	60
4.	Mrs. BUSHAIRA V	Google meet Zoom WhatsApp Gmail Google Classroom	55
5.	Mrs. SHAHLA KARUTHEDATH	Google meet Zoom WhatsApp Gmail YouTube	50
6.	Ms. LOOSIYA KP	Google meet Zoom WhatsApp Gmail YouTube	40
7.	Mrs. NISHIDHA HARIDAS	Google meet Zoom WhatsApp Gmail YouTube	40

***CRITERIA II - TEACHING, LEARNING AND EVALUATION***

No. of Teachers in the Department

<b>Sl. No</b>	<b>Name</b>	<b>Designation</b>	<b>Year of Appointment</b>	<b>Nature of Appointment</b>
1.	Ms. AS Anitha Begum	Associate Professor	04-06-1992	Permanent
2.	Dr. Annie Ninan	Associate Professor	15-02-1995	Permanent
3.	Dr. NV Fatimathu Zuhara	Assistant Professor	23-09-1998	Permanent
4.	Ms. Bushaira V	Assistant Professor (Adhoc)	01-10-2015	Temporary
5.	Ms. Shahla Karuthedath	Assistant Professor (Adhoc)	08-01-2017	Temporary
6.	Ms. Loosiyia KP	Assistant Professor (Adhoc)	01-08-2021	Temporary
7.	Ms. Nishidha Haridas	Assistant Professor (Adhoc)	10-01-2022	Temporary

## **2.1 Student Enrollment**

### **B. Sc Home Science**

Total no. of Students admitted - 40

Total no. of Sanctioned seats - 49

### **M. Sc Home Science (Nutrition & Dietetics)**

Total no. of Students admitted - 20

Total no. of Sanctioned seats – 20

Drop outs - 1

<b>Sl. No</b>	<b>Class</b>	<b>SC/ST</b>	<b>OBC MUSLIM</b>	<b>GENERAL</b>	<b>OTHERS</b>
1.	I Sem FCS	-	40	-	-
2.	I Sem MSc	-	19	-	-

### **Tutorial System**

<b>BATCH</b>	<b>CLASS TUTOR</b>
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<b>B. Sc FCS</b>	
I & II Sem	Dr. Annie Ninan
III & IV Sem	Dr. N V Fatimathu Zuhara
V & VI Sem	A.S Anitha Begum
<b>M. Sc N&amp;D</b>	
I & II Sem	Ms Loosiya KP
III & IV Sem	Ms Bushaira V

### Dept Level Bridge Course

<b>BSc FAMILY AND COMMUNITY SCIENCE</b>				
<b>SL.NO</b>	<b>DATE</b>	<b>SESSION</b>	<b>FACULTY</b>	<b>TOPIC</b>
1.	12-09-2022	9.30 – 10.30	Ms A S Anitha Begum	Introduction to Home Science
2.	12-09-2022	10.45 – 11.45	Dr. Annie Ninan	Setting of human values
3.	12-09-2022	12.00 – 1.00	Dr. N V Fatimathu Zuhara	Scope of Home Science
4.	15-09-2022	9.30 – 10.30	Dr. N V Fatimathu Zuhara	Food and Nutrition
5.	15-09-2022	10.45 – 11.45	Dr. Annie Ninan	Textiles and Fashion Technology
6.	15-09-2022	12.00 – 1.00	Ms A S Anitha Begum	Resource Management
7.	19-09-2022	9.30 – 10.30	Dr. Annie Ninan	Family Relation
8.	19-09-2022	10.45 – 11.45	Ms A S Anitha Begum	Extension Education
9.	19-09-2022	12.00 – 1.00	Dr. N V Fatimathu Zuhara	Child Development and Adolescent period
<b>MSc HOME SCIENCE (NUTRITION AND DIETETICS)</b>				
<b>SL.NO</b>	<b>DATE</b>	<b>SESSION</b>	<b>FACULTY</b>	<b>TOPIC</b>
1.	12-09-2022	9.30-10.30	Interaction with Students	
2.	12-09-2022	10.45 – 11.45	Ms Bushaira V	Exploring career in Dietetics

3.	14-09-2022	10.30 – 11.30	Ms Shahla K	Opportunities in research
4.	19-09-2022	10.00 – 11.00	Mrs. Loosiya K.P.	Career options in the industry
45.	19-09-2022	9.30 – 10.30	Ms. Nishidha Haridas	Public Health Nutrition

### Details of ICT Tools

Google Class Room, WhatsApp, LMS, Moodle

### Innovative Practices used for Teaching, Learning and Evaluation

Innovative methods adopted for promoting self-learning are Swayam, e PG Paathshaala, NPTEL, e Gyankosh.

### Invited Lectures/ Meeting Industrial Experts/ Meeting Academic Experts

Sl. No	Invited Lecture by	Programme	Topic Discussed	Date	No. of Participants	Collaborating Organization
1.	Dr. Habeeb Rahman, Medical Director, Senior Consultant, ABC Orthopaedic Hospital, Manjeri	Osteoporosis Day Celebration	Preventive measures for bone health	20-10-2022	125	ABC Orthopaedic Hospital, Manjeri
2.	Dr. Shimili Jas, Gynecologist, Aster Mother Hospital, Areacode	Breast Cancer Awareness Programme	Breast Cancer and its symptoms and treatment	19-10-2022	199	Aster Mother Hospital, Areacode

3.	Dr. Malik, Consultant Oncologist, Aster Mother Hospital, Areacode	Breast Cancer Awareness Programme	Cancer, Diagnosis and its prevention	19-10- 2022	199	Aster Mother Hospital, Areacode
4.	Ms. Arya Dietician, Aster Mother Hospital, Areacode	Breast Cancer Awareness Programme	Role of food and lifestyle factors in cancer prevention	19-10- 2022	199	Aster Mother Hospital, Areacode
5.	Dr. Nethra M, Gynecologist, Aster Mother Hospital, Areacode	Association Inauguration	Menstrual Problems and Hygiene	10-02- 2023	150	Aster Mother Hospital, Areacode
6.	Dr. Jency C, Gynecologist, Aster Mother Hospital, Areacode	Association Inauguration	PCOD and related Problems	10-02- 2023	150	Aster Mother Hospital, Areacode
7.	Dr. Meenakshi Bajaj Dietician, Tamil Nadu Govt. Multi Super Specialty Hospital, Chennai	National Webinar on Millet	Importance of inclusion of millets in daily life	23-09- 2023	103	Indian Dietetic Association (IDA), Kerala chapter

### **Industrial Experts/Academic Experts/ Experiential Learning**

<b>Sl. No</b>	<b>Activity</b>	<b>Industrial Experts/Academic Experts/ Experiential Learning</b>	<b>Number of Students Benefited</b>
1.	Visit to Malabar Cancer Center, Thalasseri, Kannur	Ms. Reena, Chief Dietitian, MCC Kannur	33
2.	Visit to AGRI Incubation Center, Thrissur	Ms. Shahnas E	11
3	Webinar on NutriCal	Mr. Nikesh Jain	110
4	Visit to DFRL	Mr. Shekara Reddy	25
5.	Industrial visit to Public Health Foundation of India 03-02-2023	Ms. Veena	34
6.	Visit to Zoological Survey of India (ZSI), Kozhikode 21-09-2022	-	35
7.	Nesto Hypermarket, Kozhikode 03-02-2023	-	18
8.	Visit to Malappuram Co-operative Spinning Mill, Malappuram 24-02-2023	-	41

### **Experiential Learning**

1. Collaboration with reputed agencies
2. Internship
3. Field trips
4. Project/Problem solving
5. Team project
6. Industrial visit
7. Invited talks
8. Lectures by students
9. Practical sessions
10. Power point presentations
11. Certificate programmes
12. Nutrition Quiz



## Participative Learning

- 1.Seminar Presentation
- 2.Exhibition
- 3.Case study
4. Participation in seminar/ webinar/ visits
5. Group Discussion
6. Debates

## Evaluation and Reforms

Programme Name	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
B S c Family and Community Science	VI SEM	APRIL 2023	23/05/2023
M Sc Home Science (Nutrition and Dietetics)	II SEM	15 JULY 2023	24/05/2023

## Slow Learners and Advanced Learners

### B Sc Family and Community Science

Sl. No	Class	Slow Learners	Programme for Slow Learners	Advanced Learners	Programme for Advanced Learners
1.	III BSc FCS	AS Hridya	<ul style="list-style-type: none"> <li>• Extra Classes</li> <li>• Assessments</li> <li>• Peer Learning</li> <li>• Additional study materials</li> </ul>	Mufeeda Mol M	<ul style="list-style-type: none"> <li>• Group discussions, quizzes to develop analytical and problem-solving abilities</li> <li>• NET Coaching</li> <li>• Sessions on article writing and higher</li> </ul>
2.		Adithya K		Nada Musthafa	
3.		Rasha Smijas		Shifna T	
4.	II BSc FCS	Harsha M		Najiya Nasreen P	
5.		Shahla P		Famna Shari KT	
6.		Shifa P		Shahla Sherin	

7.	I BSc FCS	Jamna Nidha		Linsha TC	education opportunities
8.		Hida Umair		Saada	
9.				Sarafiya Fathima TK	

### Faculty Ph D Status

No. of Faculty with Ph D: 02

Faculty undergoing Ph D: 03

### Result Analysis

#### BSc FAMILY ND COMMUNITY SCIENCE

Number of students								PASS %
Appeared	Passed	A+	A	B+	B	C+	C	
42	32	7	18	7	-	-	-	76%

#### MSc HOME SCIENCE (NUTRITION & DIETETICS)

Number of students								PASS %
Appeared	Passed	O	A+	A	B+	B	C+	
18	16	6	10					89%

### CRITERIA III - RESEARCH INNOVATIONS AND EXTENSION

#### Seminar/Webinar/Workshops Conducted

Sl. No	Webinar Conducted	Topic	Resource Person	Date	No. of Participants	Collaboration with
1.	National Webinar as part of National Nutrition Month 2022	Miracle Millets- The Crops of Future	Dr. Meenakshi Bajaj Dietician, Tamil Nadu Govt. Multi Super Specialty Hospital, Chennai	23-09-2022	103	Indian Dietetic Association (IDA), Kerala chapter

2.	NSR-Nutri Cal Webinar	NSR-Nutri Cal	Mr. Nikesh Jain, CEO, NSR NutriEduTech Solutions (P) Ltd	20-07-2023	110	NSR NutriEduTech Solutions (P) Ltd., Delhi
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### 3.3 Journal Articles Published by the Faculties

<b>Title of Paper</b>	<b>Name of the author/s</b>	<b>Name of book/Journal</b>	<b>ISSN/ISBN</b>	<b>Year of Publication</b>
Prevalence of lifestyle disease among the regular eatery consumers in Malappuram District	A S Anitha Begum	International Journal of Innovative Research in Technology.	ISSN: 2349-6002	2022

### Book Chapters Published by the Faculties

<b>Name of the Teacher</b>	<b>Title of the book /chapters published</b>	<b>Title of the paper</b>	<b>National/ International</b>	<b>Year of Publication</b>	<b>ISBN</b>	<b>Name of the Publisher</b>
A S Anitha Begum	Trends in Food Chemistry, Nutrition and Technology in Indian Sub-Continent	Health Benefits of Non-nutrients, Dietary Fibre and Water	International	2022	ISBN:978-031-06304-6	Springer Cham

A S Anitha Begum	Research Trends in Nutrition and Dietetics	Bioactive Components in Banana	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
A S Anitha Begum	Research Trends in Nutrition and Dietetics	Picky Eating in Children	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
A S Anitha Begum	Innovations in Home Science	Transforming Old Jeans to Valuable Products	State	2022	ISBN:978-93-5717-858-7	Unity Publishers
Dr Annie Ninan	Research Trends in Nutrition and Dietetics	Quinoa: The Nutrition Source	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
Dr Annie Ninan	Research Trends in Nutrition and Dietetics	Pomegranate-Health Benefits, Nutrition Values and Uses	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
Dr Annie Ninan	Innovation and Incubation Opportunities through Home Science.	Development and Evaluation of Value-added Food Products using Tender Tamarind (Tamarindus indica L)	National	2022	ISBN-978-93-93876-52-2	Romanson Printing and Publishing House Pvt.Ltd
Dr Annie Ninan	Innovation and Incubation Opportunities	A Study on the Work Life	National	2022	ISBN-978-93-	Romanson Printing and

	through Home Science.	Balance of Working Women			93876-52-2	Publishing House Pvt. Ltd
Dr Annie Ninan	Research Innovations in Food, Nutrition and Dietetics	Traditional Medicine: Role in Healthcare System	National	2022	ISBN: 978-93-91923-01-3	Infinity Indica Publishers
Dr Annie Ninan	Research Trends in Nutrition and Dietetics	Childhood Obesity band Academic Performance in School going Children	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
Dr Annie Ninan	Innovations in Home Science	Benefits of Face Masks	State	2022	ISBN:978-93-5717-858-7	Unity Publishers
Dr Annie Ninan	Innovations in Home Science	Hair Accessories from old clothes	State	2022	ISBN:978-93-5717-858-7	Unity Publishers
Dr N V Fatimathu Zuhara	Research Trends in Nutrition and Dietetics	Flaxseed: Potential Source for Value addition	State	2022	ISBN:978-93-5717-859-4	Unity Publishers
Dr N V Fatimathu Zuhara	Research Trends in Nutrition and Dietetics	Value Added Hypoglycemic Products	State	2022	ISBN:978-93-5717-859-4	Unity Publishers

Dr N V Fatimathu Zuhara	Research Trends in Nutrition and Dietetics	Dietary Risk Factors and Dental Caries	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Dr. N V Fatimathu Zuhara	Innovations in Home Science	Health Benefits of Chaya Mansa	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers
Bushaira V	Research Trends in Nutrition and Dietetics	Cardiovascular Diseases	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Bushaira V	Research Trends in Nutrition and Dietetics	Gastritis: Types, Symptoms, Complications and Dietary Management	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Bushaira V	Research Trends in Nutrition and Dietetics	Health Benefits of Kefir; The Fermented Health drink	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Bushaira V	Innovations in Home Science	Food Extrusion Technology: An Over View	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers
Bushaira V	Innovations in Home Science	Health Benefits of Ficus Carica	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers

Shahla Karuthedath	Research Trends in Nutrition and Dietetics	Geriatric Malnutrition	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Shahla Karuthedath	Research Trends in Nutrition and Dietetics	Therapeutic Values of Stevia Rebaudiana	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Shahla Karuthedath	Research Trends in Nutrition and Dietetics	Papaya Seeds: Treasure of Nutrients.	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Shahla Karuthedath	Innovations in Home Science	Dietary Habits and Life Style Changes During Covid-19	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers
Shahla Karuthedath	Innovations in Home Science	Green Leafy Vegetable: A Potent Food Source	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers
Loosiya K P	Research Trends in Nutrition and Dietetics	Nutritional And Medicinal Importance of Roselle Calyces	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Loosiya K P	Research Trends in Nutrition and Dietetics	Dietary Pattern in Northern Kerala and	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers



		Kongu Region Of Tamil Nadu				
Loosiya K P	Innovations in Home Science	Nutritional Problems in Adolescents	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers
Nishida Haridas	Research Trends in Nutrition and Dietetics	Health Benefits of Coconut Spikelet Inflorescence	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Nishida Haridas	Research Trends in Nutrition and Dietetics	Dietary Habits and Stress on Migraineurs	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Nishida Haridas	Research Trends in Nutrition and Dietetics	Nutritional Status and Anxiety Level of Pre and Post Pubertal Girls	State	2022	ISBN:97 8-93- 5717- 859-4	Unity Publishers
Nishida Haridas	Innovations in Home Science	Wastage of Cooked Food in Houses	State	2022	ISBN:97 8-93- 5717- 858-7	Unity Publishers

### Proceedings Publications by the Faculties

Name of the Teacher	Title of the paper	Title of the proceed ings of confere nce	Name of the Conference	Nation al/Inte rnatio nal	Year of publ icati on	ISBN	Name of the publisher
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Bushaira V	Milk; The Potential Health Benefits	International Conference on Indian Dairying - Sustainability and Nutritional Security	International Conference on Indian Dairying - Sustainability and Nutritional Security	International	2022	978-93-92032-23-3	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil nadu, Indian Dairy Association Tamilnadu Chapter, Chennai and Nutrition Society of India, Coimbatore Chapter
Bushaira V	Development and Evaluation of Extruded Products incorporated with selected Green Leafy Vegetables	Multidisciplinary Perspective in Sustainable Research	RICERCA National Conference 2022	National	2022	978-93-89817-86-7	IQAC & Research and Development Cell, St. Joseph's College for Women, Alappuzha

Loosiya KP	Milk and Dairy products can help prevent chronic diseases	International Conference on Indian Dairying - Sustainability and Nutritional Security	International Conference on Indian Dairying - Sustainability and Nutritional Security	International	2022	978-93-92032-23-3	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil nadu, Indian Dairy Association Tamilnadu Chapter, Chennai and Nutrition Society of India, Coimbatore Chapter
Nishidha Haridas	Soy Yogurt as a functional dairy product	International Conference on Indian Dairying - Sustainability and Nutritional Security	International Conference on Indian Dairying - Sustainability and Nutritional Security	International	2022	978-93-92032-23-3	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil nadu, Indian Dairy Association Tamilnadu Chapter, Chennai and Nutrition Society of India, Coimbatore Chapter

### Extension Lectures

Sl. No	Name of the Faculty	Topic Presented	Date	Organized by
1.	Ms. AS Anitha Begum	Functional Foods	13-12-2022	Staff Club, KAHM Unity Women's College, Manjeri
2.	Dr. Annie Ninan	Importance of Donating Blood	02-06-2022	NSS, KAHM Unity Women's College, Manjeri

3.	Dr. NV Fatimathu Zuhara	Keys to Healthy Life	29-07-2022	Staff Club, KAHM Unity Women's College, Manjeri
4.	Ms. Bushaira V	Maintaining and Professional Legal Conduct	21-02-2023	GVHSS for girls, BP Angadi, General Education Department, Government of Kerala.
5.	Ms. Bushaira V	Understanding Nervous System	14-06-2022	Avinashilingam Institute for Home Science and Higher Education, Coimbatore
6.	Ms. Shahla Karuthedath	Record keeping and documentation in Dietetic Aide	16.2. 2023	GVHSS for girls, BP Angadi, General Education Department, Government of Kerala.
7.	Ms. Loosiya KP	Introduction to Dietetics and Five Food Groups	13-02-2023	GVHSS for girls, BP Angadi, General Education Department, Government of Kerala.
8.	Ms. Nishidha Haridas	Food Preservation: Methods, Importance and Conservation of Nutrients	02-11-2022	GVHSS for girls, BP Angadi, General Education Department, Government of Kerala.

### **Functional MoU**

The PG Department of Home Science and Women cell of the college have jointly signed a MoU with Mobility in Dystrophy (MIND) Trust, Kerala. Kudamattam - A Community Intervention Initiative - Signing of MoU -Umbrellas were purchased and painted by the students of Home Science Department.

### **Awards and Honors received by the Department**

- The Department of Home Science received an Appreciation Award for the active

involvement as an organising partner of the 34th Biennial National Conference of Home Science Association of India on Innovation and Incubation Opportunities in Home Science for Self-Reliant India, organized by HSAI Kerala Chapter, held at St. Teresa's College, Ernakulum on 15,16&17 December 2022.

### Awards and Honors received by the Department

Sl. No	Name of the Faculty	Honoring (Special Appreciation)
1.	A S Anitha Begum	Appreciation for the member of academic council and Board of Studies
2.	Dr. Annie Ninan	Appreciation for the member of Board of Studies
3.	Dr. NV Fatimathu Zuhara	Appreciation for the member of Board of Studies
4.	Loosiya KP	Appreciation for commissioned as ANO with the rank of Lieutenant in NCC
5.	A S Anitha Begum Dr. Annie Ninan Dr. NV Fatimathu Zuhara Ms. Bushaira V Ms. Shahla K Ms. Loosiya KP Ms. Nishidha Haridas	Certificates of appreciation for the publication of ISBN book, ISSN Journals and Conference proceedings

### Achievements of Teachers

- Ms. Loosiya KP won the badminton (Singles) and first runner up badminton (Doubles) in TM Shoukathali Memorial Badminton Championship for Staff
- **Community Outreach Programmes**

Sl. No	Name of the Activity	No. of Participants	Collaborating Agency/Centre
1.	Nutritional Status Assessment	20	HMSAUPS, Thurakkal, Manjeri

2.	Pothichoru	80	Shalom Matha Bhavan
3.	Nutritional Status Assessment of Fishing Community	20	Fishing Community of Chokidi Community
4.	Nutritional Assessment and Health Checkup	20	Trend Pre School, Elayur
5.	Awareness Class on Arthritis and its remedial measures.	20	Koolamadam Anganwadi, Narukara (Local Women)

### **Extension Activities conducted by the departments**

- As part of World Mental Health Day, the PG Dept. of Home Science conducted a survey to assess stress among the fifth-semester degree students of the college using the Perceived Stress Scale. The Perceived Stress Scale questionnaire developed in google form was circulated among the students through their class tutors. The data collected from the 332 respondents were consolidated
- As part International Day of Older People this day, Manjeri municipality organized a get-together and honored older persons of Manjeri Municipality on 3rd October 2022 at Town hall, Manjeri. NCC Cadets and second year Home Science students of KAHM Unity Women's College Manjeri joined them. The Home Science students played an Oppana, as a part of the cultural activities held.
- Fourteen postgraduate students of the PG Department of Home Science participated in the International Conference on “Indian Dairying- Sustainability and nutritional security” and presented a poster on 14/10/2022 organized by the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Nutrition Society of India, Coimbatore Chapter and Indian Dairy Association, Tamil Nadu Chapter, Chennai.
- Ms. Bushaira V, Ms. Loosya KP and Ms. Nishidha Haridas presented a poster in the International Conference on “Indian Dairying- Sustainability and nutritional security” on

14/10/2022 organized by the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Nutrition Society of India.

- Thrikkalangode Gram Panchayat and ICDS Wandoor Additional Project conducted a ‘POSHAN MELA’ at Naas Auditorium, Karakkunnu on 24 September 2022 from 9.30am to 1.00pm as part of National Nutrition Month 2022. Nutritious Recipes Competitions, Medical camp, Nutrition Clinic and Class on Services of ICDS were the ‘POSHAN MELA’ programs. Mrs. Bushaira V and Ms. Loosiya KP, Faculties of the department of Home Science acted as judges for budget menu competition.
- Nutrition Clinic was conducted by the 3<sup>rd</sup> semester MSc Home Science (Nutrition and Dietetics) students namely Mrs. Hasna Abdulssalam, Mrs. Nihala Binth Nazer and Mrs. Nusrin K for providing nutritional counselling to the people as part of National Nutrition Month 2022
- Ms. Loosiya KP, Assistant Professor Ad hoc, PG Department of Home Science acted as a member in the judging panel of the food fest named ‘Rujyude Kalavara’ conducted by Badariyya Islamic English Medium School, Makkarapparamba on 11th February 2023. A total of 11 classes participated in the competition.
- PG department of Home Science conducted diet counselling clinic on Fridays (1 to 2 pm) with the purpose of extending awareness and knowledge about healthy diet and lifestyle to the public.
- As part of International Day of Drug Abuse and Illicit Trafficking, Ms Fathima K, IV semester MSc Home Science (Nutrition and Dietetics) student handled a session on ‘Drug Abuse and its consequences’ in a programme ‘Share Drug Facts to Save Lives’ conducted by NSS Unit, KAHM Unity Women’s College, Manjeri on 27 June 2022 in the college Auditorium.

#### **CRITERIA IV - INFRASTRUCTURE AND LEARNING RESOURCES**

##### **Infrastructure Facilities**

<b>Class</b>	<b>Type of ICT Facility</b>	<b>Block</b>
UG I/II	No	Dr. APJ Abdul Kalam Block- B

UG III/IV	60UIS Smart TV	Dr. APJ Abdul Kalam Block- B
UG V/VI	60UIS Smart TV	Dr. APJ Abdul Kalam Block- B
PG I/II	Projector	Dr. APJ Abdul Kalam Block- B
PG III/IV	No	Dr. APJ Abdul Kalam Block- B
FCS Department	Computer with Printer and Wi-Fi Portable Projector	Dr. APJ Abdul Kalam Block- B
FCS Head Room	No	Dr. APJ Abdul Kalam Block- B
Nutrition Lab	No	Administrative Block
Textile Lab	No	Dr. APJ Abdul Kalam Block- B
Biochemistry Lab	No	Dr. APJ Abdul Kalam Block- B
Association Hall	No	Dr. APJ Abdul Kalam Block- B

***CRITERIA V - STUDENT SUPPORT AND PROGRESSION***

**PROGRESSION TO HIGHER STUDIES**

<b>Name of student enrolling into higher education</b>	<b>Program graduated</b>	<b>Name of programme admitted to</b>	<b>Name of institution joined</b>
SHIFNA T	BSc Family and Community Science	MSc Clinical Nutrition and Dietetics	St. Terasa's Women's College, Ernakulam
AMNA P	BSc Family and Community Science	MSc Nutrition and Dietetics	Vimala College, Thrissur
NITHASHA T	BSc Family and Community Science	D.El. Ed	MCT Training College



RUSHDA KT	BSc Family and Community Science	D.El. Ed	MCT Training College
RASHA SIMJAS C	BSc Family and Community Science	D.El. Ed	MMET
KAHDEEJA SUMIN KT	BSc Family and Community Science	Early Childhood and Foundational Stage Education	IGNOU
ANSHEERA CM	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
MAJIDA M	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
NADA MUSTHAFA	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
RISBA SIRIN K	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
FATHIMA SAFA	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
SALMA FABA	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
LIYANA ABDUL JABBAR E	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri

NASBA K	BSc Family and Community Science	MSc Home Science - Nutrition and Dietetics	KAHM Unity Women's College, Manjeri
BINSHA MOL	BSc Family and Community Science	Diploma in Hospital Administration	ISSD, Kochi
JUMANA JABEEN C	BSc Family and Community Science	Diploma in Hospital Administration	Medisus, Manjeri
AYISHA NISHANA ENGALAMPURATH	BSc Family and Community Science	Medical Coding	Cardea Healthcare Solution, Manjeri
FATHIMA NIDA P	BSc Family and Community Science	Diploma in Hospital Administration	
HASNA JAN CK	BSc Family and Community Science	Medical Coding	Avoda, Infopark Kochi

### STUDENT PLACEMENTS

Sl. No	Name of the Student	Batch	Post	Institution
1.	HASNA ABDUSSALAM	2021-2023	MTTC Trainer	Model College, Edavanna
2.	ATHIFA THASNI	2020-2023	Medical Coder,	Nyx Medical Solutions Pvt Ltd, Bengaluru, Karnataka
3.	LASNA A	2018-2020	Nutritionist	ICDS Malappuram

4.	RAMEESA	2019-2021	Dietitian	Meitra Hospital, Kozhikode
5.	SAJLA MOL	2015-2017	Dietitian	Maanu Memorial Hospital, Manjeri
6.	JAYASREE		Dietitian	Malabar Hospital, Manjeri
7.	SHANA JINU K	2020-2022	Lecturer	Grace Valley Islamic College (Wafiyya), Wadirrahma, Marvattam
8.	NADIYA ISHRATH C	2020-2022	Dietitian	EMS Memorial Co-operative Hospital, Perinthalmanna
9.	HIBA M	2020-2022	Dietitian	eMelone, Wellness Valley, Manjeri
10.	ATHIRA MP	2020-2022	Clinical Dietitian	Baby Memorial Hospital, Kozhikode
11.	SNEHA K	2020-2022	Dietitian	Metromed International Cardiac Centre (MICC), Kozhikode
12.	JUMANA P	2020-2022	Dietitian	Sun Pharma Medical Company
13.	RIMSHY SHERIN C	2020-2022	Dietitian	FITREAT COUPLE Online Transformation Journey
14.	ASIYA MURSHIDA	2020-2022	Dietitian	eMelone, Wellness Valley, Manjeri

Year	Name of the Scheme	Number of students benefited by government scheme and amount	
		Name of Students	Amount
2022-23	CH Muhammed Koya Scholarship	Nihala Binth Nazer	13,000
		Najiya Nasreen P	13,000
		Jumana Beevi	13,000
		Fathima Dilraz KC	5,000
		Najba UK	5,000
		Rasha Mariyam	5,000
		Shahla K	5,000
		Saada	5,000
		Husna Lubaba	4,000
		Sarafiya	5,000
		Anshida Sherin	5,000
		Fathima Nida P	5,000
		Ayisha Nishana	5,000
		Nada Musthafa	5,000
		Hiba Parvin	5,000
		Riswana Dilna	5,000
		Sahla P	5,000
		Nasba	5,000
		Risba Sirin	5,000
		Binsha Mol	13,000

Year	Name of the Scheme	Number of students benefited by government scheme and amount	
		Name of Students	Amount
2022-23	Post metric Scholarship	Raheela Tiba KK	6,000

<b>Year</b>	<b>Name of the Scheme</b>	<b>Number of students benefited by government scheme and amount</b>	
<b>2022-23</b>	<b>Central Sector</b>	<b>Name of student</b>	<b>Amount</b>
		Bahira M	20,000
		Shamila ES	
		Sayyidath Fathima Rifa V	

<b>Year</b>	<b>Name of the Scheme</b>	<b>Number of students benefited by government scheme and amount</b>	
<b>2022-23</b>	<b>Norka Roots</b>	<b>Name of student</b>	<b>Amount</b>
		Ayisha Fida K	15,000
		Thahsin Hanan TP	
		Riyana Nimshu U	
		Shamila ES	
		Shinana Sherin MT	
		Hasna M	
		Shameena CT	

<b>Year</b>	<b>Name of the Scheme</b>	<b>Number of students benefited by government scheme and amount</b>	
<b>2022-23</b>	<b>Suvarna Jubilee</b>	<b>Name of student</b>	<b>Amount</b>
		Fathima Shifa KP	10,000
		Ayisha Shifana	10,000

<b>Year</b>	<b>Name of the Scheme</b>	<b>Number of students benefited by government scheme and amount</b>	
<b>2022-23</b>	<b>Joseph Mundasseri</b>	<b>Name of student</b>	<b>Amount</b>
		Munsila S	18,000

Year	Name of the Scheme	Number of students benefited by government scheme and amount	
		Name of Students	Amount
2022-23	E Grant	Nayana M	3,200
		Fathima Dilraz KC	3,150
		Shahla K	950
		Asna V	950
		Fathima Thesni	3,150
		Najba UK	3,150
		Fathima Farsana C	950
		Famna Shari KT	950
		Najiya Nasreen P	950
		Safhana Thesni	950
		Muhsina	950
		Fathima Murshida	3,150

Year	Name of the Scheme	Number of students benefited by government scheme and amount	
		Name of Students	Amount
2022-23	Panchayat Meritorial Scholarship	Nayana M	3,200

Year	Name of the Scheme	Number of students benefited by the institution's schemes and amount	
		Name of Students	Amount
2022-23	Freeship	Irfana Sayyida KP	1,500

Year	Name of the Scheme	Number of students benefited by the institution's schemes and amount	
		Name of Students	Amount
2022-23	PTA Merit Scholarship	Rashida Banu PP	2,000
		Bahira M	2,000
		Linsha TC	2,000
		Najiya	2,000
		Mufeeda Mol	2,000

### ASSOCIATION ACTIVITIES

Sl. No	Association Activities	Date
1.	Cultural Programmes by students	14-07-2022
2.	Debate on Women, the Family and Freedom	11-08-2022
3.	Communication Skill Enhancement	13-10-2022
4.	Workshop on Pencil Carving	27-10-2022
5.	Film Show on 'The Earth'	17-11-2022
6.	Paper Bag Making Workshop	24-11-2022
7.	Nutrition and Developmental Disabilities	05-01-2023
8.	Association Inauguration	10-02-2023
9.	Freshers Day	18-10-2022
10.	Farewell Party	March 2023

### DETAILS OF STUDENTS WON COMPETITIVE EXAMINATIONS

Sl. No	Name of the Student	Register Number	Competitive Exam
1.	Shakeela K	KL12000504	NET & JRF
2.	Lasna A	KL13400395	NET
3.	Dilfa KP	KL13400885	NET

## STUDENT ACHIEVEMENTS AND AWARDS

Sl. No	Name of the Student	Achievement	Organizing Institute
1.	Misba Asmi	Mehendi Fest First Prize	Department of Arabic, KAHM Unity Women's College, Manjeri
2.	Nayana M	Folk Music Second Prize	C- Zone, Calicut University
3.	Farzeen	Embroidery Third Prize	C- Zone, Calicut University
4.	Farsina Sheril	Block Level Winner Speak for India Competition Intercollegiate Debate Competition	
5.	Farzeen	Packed Lunch Competition Second Prize	Department of Home Science, KAHM Unity Women's College, Manjeri
6.	Majida M	Packed Lunch Competition Third Prize	Department of Home Science, KAHM Unity Women's College, Manjeri
7.	Fathima Dilraz KC	Poster Making Competition Second Prize	Department of Home Science, KAHM Unity Women's College, Manjeri
8.	Bahira M	Mobile Photography Competition First Prize	Photography Club, KAHM Unity Women's College, Manjeri
9.	Bahira M	Conceptual Photography Competition First Prize	Department of Home Science, KAHM Unity Women's College, Manjeri



10.	Sarafiya	Poster Making Competition	C-Zone, Calicut University
<b>Active Employability Award</b>			
16.	Fathima Afla III BSc Family & Community Science	Active Student Award First Prize	Employability skills training conducted by Mahindra Pride Classroom
17.	Nasba K III BSc Family & Community Science	Active Student Award Second Prize	Employability skills training conducted by Mahindra Pride Classroom

### AWARDS FOR THE STUDENTS

Sl. No	Name of the Student	Award for
<b>Meritorious Award</b>		
1.	Riya Muhammed, MSc Home Science	First Rank in University
2.	Lulu Narghese, MSc Home Science	Second Rank in University
3.	Fathima K, MSc Home Science	Second Rank in University
4.	Sneha, MSc Home Science	Third Rank in University
5.	Asiya Murshida, MSc Home Science	Third Rank in University
6.	Bahira M, BSc Family & Community Science	First Rank in University
7.	Shinana Sherin, BSc Family & Community Science	Second Rank in University
8.	Hasna MM, BSc Family & Community Science	Third Rank in University
<b>Proficiency Award</b>		
9.	Rashida Banu PP, II MSc Home Science	
10.	Nasma P, I MSc Home Science	
11.	Mufeeda Mol M, III BSc Family & Community Science	
12.	Najiya Nasreen, II BSc Family & Community Science	
13.	Linsha TC, BSc Family & Community Science	
<b>Best Outgoing Student Award</b>		

14.	Nithasha T, III BSc Family & Community Science	Best out Going student in UG
15.	Hasna Abdussalam, II MSc Home Science	Best out Going student in PG

### CAPACITY BUILDING PROGRAMMES

Sl. No	Name of the capability enhancement program	Date of Implementation	Number of students enrolled	Name of the agencies/consultant involved
1.	International Yoga Day Celebration (Life Skills)	21-06-2022	28	Nil
2.	Six days training programme on Employability Skills for Women	12-11-2022 to 17-11-2022	40	IQAC and Mahindra Pride Class room
3.	Communication Skill Enhancement	13-10-2022	85	Nil
4.	Workshop on Pencil Carving	27-10-2022	76	Nil
5.	Certificate Course in Food Preservation	25-09-2022	46	Nil
6.	Certificate Course in Reference Management using Mendeley	22-06-2022	37	Nil
7.	Certificate Course in Make-up Arts	16-09-2022	11	Nil
8.	Certificate Course in Denim Upcycling	10-12-2022	39	Nil
9.	Certificate Course in Data Analysis using Excel	25-12-2022	18	Nil

10.	Certificate Course in Wellness and Fitness	25-12-2022	39	Nil
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## ALUMNI ACTIVITIES

### 1. Alumni Talk Series

Sl. No	Name of the Alumnae	Batch	Designation	Topic	Date	No. of Participants
1.	Ms. Nikitha	2104-2017	Dietitian	Significance of Breastfeeding	31-08-2022	90
2.	Ms. Sajla Mol	2009-2012	Assistant Professor (Adhoc), MES College, Mampad	Career Opportunities in Home Science	20-09-2022	85
3.	Ms. Najma Chokli	2013-2015	ICDS Supervisor, Manjeswaram, Kasargod	How to Prepare for Competitive Examinations	26-10-2022	70
4.	Ms. Maheeda Salim	1995-1998	ICDS Supervisor, Wandoor, Malappuram	Disability in Children	30-11-2022	67
5.	Dr. Noora Beevi	2009-2012	Nutritionist, Fittreat Couple, Perinthalmanna	Research Opportunities in Home Science	31-12-2022	90
6.	Ms. Misna Parveen	2009-2012	Nutritionist, ICDS Tirur	Safe and Nutritious Food	28-01-2023	55

7.	Ms. Shahna Jinu K	2010-2013	Lecturer, Grace Valley Waffiyya College, Kadampuzha	Get Started as an Entrepreneur	29-02-2023	65
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## 2. Stall by Alumna on Grand Alumni Meet 2022

Salmath Bindhiya (2006-2009 Batch), young entrepreneur, Brandon Scented Candles arranged stall at the college auditorium on 8 October 2022 during Grand Alumni Meet

3. Entrepreneur guidance session and experience sharing
4. Alumni Interaction
5. Alumni Entrepreneurs Mela 'Teamio 2K23'

## Competitions organized by the Department

Sl. No	Name of Activity	Level	No. of Participants
1.	Poster Making Competition	Intercollegiate	5
2.	Packed Lunch Competition	Intercollegiate	20
3.	E-Quiz Competition	Intercollegiate	85

## Awards and Honors received by the Department

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2.	Dr. Annie Ninan	Appreciation for the member of Board of Studies
3.	Dr. NV Fatimathu Zuhara	Appreciation for the member of Board of Studies
4.	Loosiya KP	Appreciation for commissioned as ANO with the rank of Lieutenant in NCC
5.	A S Anitha Begum Dr. Annie Ninan Dr. NV Fatimathu Zuhara Ms. Bushaira V Ms. Shahla K Ms. Loosiya KP Ms. Nishidha Haridas	Certificates of appreciation for the publication of ISBN book, ISSN Journals and Conference proceedings

### **Achievements of Teachers**

- Ms. Loosiya KP won the badminton (Singles) and first runner up badminton (Doubles) in TM Shoukathali Memorial Badminton Championship for Staff

### ***CRITERIA VI - GOVERNANCE, LEADERSHIP AND MANAGEMENT***

#### **Teacher's Participation in FDPs and Orientation**

<b>Sl. No</b>	<b>Name of Faculty</b>	<b>Programme</b>	<b>Date</b>	<b>Institution/ Organization</b>
1.	Mrs. A S Anitha Begum	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
2.	Dr. Annie Ninan	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
3.	Dr. NV Fatimathu Zuhara	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri

4.	Ms. Bushaira V	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
5.	Ms. Shahla K	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
6.	Ms. Loosiya KP	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
7.	Ms. Nishidha Haridas	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	25.07.2022	IQAC, Unity Women's College, Manjeri
8.	Mrs. A S Anitha Begum	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
9.	Dr. Annie Ninan	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
10.	Dr. NV Fatimathu Zuhara	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
11.	Ms. Bushaira V	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
12.	Ms. Shahla K	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
13.	Ms. Loosiya KP	Faculty Orientation Programme on Management Information System	25.07.2022	IQAC, Unity Women's College, Manjeri
14.	Ms. Nishidha Haridas	Faculty Orientation Programme on	25.07.2022	IQAC, Unity Women's College, Manjeri

		Management Information System		
15.	Mrs. A S Anitha Begum	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi
16.	Dr. Annie Ninan	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi
17.	Dr. NV Fatimathu Zuhara	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi
18.	Ms. Bushaira V	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi
19.	Ms. Shahla K	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi
20.	Ms. Loosiya KP	FDP on Moodle Based Learning Management System and Course Design	13-03-2023 to 17-03-2023	Faculty Development Centre of KSHEC and Learning Centre of SNGS College, Pattambi

#### Teacher's Participation in seminars, webinars, workshops, trainings and Conferences

Sl. No	NAME	DATE	TITLE	PARTICIPANT/ RP	LEVEL	ORGANIZING INSTITUTION
1.	Mrs. A S Anitha Begum	20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR-NutriCal

2.	Mrs. A S Anitha Begum	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
3.	Mrs. A S Anitha Begum	3.11.2022	Quality Enhancement & Accreditation: Role of HEIs	Participant & RP (ASA)	Regional	IQAC, KAHM Unity Women's College
4.	Mrs. A S Anitha Begum	13 December 2022	Functional Foods	Resource Person	Regional	IQAC, KAHM Unity Women's College, Manjeri
5.	Mrs. A S Anitha Begum	15,16&17 December 2022	Innovation and Incubation Opportunities in Home Science for Self-Reliant India	Participant	National (34th Biennial National Conference of Home Science Association of India)	Home Science Association of India, Kerala Chapter
6.	Dr. Annie Ninan	20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR-NutriCal
7.	Dr. Annie Ninan	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
8.	Dr. Annie Ninan	25.07.2022	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	Participant	Regional	The Governing Body & IQAC KAHM Unity Women's College, Manjeri
9.	Dr. Annie Ninan	25.07.2022	Faculty Orientation Programme on Management	Participant	Regional	The Governing Body & PG Dept. of Computer



			Information System			Science KAHM Unity Women's College, Manjeri
10.	Dr. NV Fatimath u Zuhara	15.07.2022 - 17.07.2022	Three Days Online Workshop on "Data Analysis using Advanced Microsoft Excel"	Participant	Regional	Center for Skill Development & innovative Research
11.	Dr. Annie Ninan	20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR- NutriCal
12.	Dr. Annie Ninan	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
13.	Dr. Annie Ninan	25.07.2022	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	Participant	Regional	The Governing Body & IQAC KAHM Unity Women's College, Manjeri
14.	Dr. Annie Ninan	25.07.2022	Faculty Orientation Programme on Management Information System	Participant	Regional	The Governing Body & PG Dept. of Computer Science KAHM Unity Women's College, Manjeri
15.	Dr. Annie Ninan	29.07.2022	Faculty Workshop on Learning	Participant	Regional	The Governing Body & IQAC KAHM Unity Women's

			Management System			College, Manjeri
16.	Dr. Annie Ninan	29.07.2022	Keys to Healthy Life	RP	Regional	Staff Club, KAHM Unity Women's College, Manjeri
17.	Ms. Bushaira V	20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR-NutriCal
18.	Ms. Bushaira V	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
19.	Ms. Bushaira V	29-07-2022	Webinar on "Making Confectionary Tasty Yet Healthy"	Participant	National	Protein foods and Nutrition Development Association of India and Avinashilingam Institute for Home Science and Higher Education, Coimbatore
20.	Ms. Bushaira V	04.08.2022	How to design an Add-on Course	Participant	Regional	Al Shifa College of Arts & Science, Perinthalmanna
21.	Ms. Bushaira V	06-09-2022	Webinar on Author Profile Analysis on Scopus	Participant	National	Library, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore in collaboration with Elsevier
22.	Ms. Bushaira V	07-09-2022	Webinar on Improving research	Participant	National	Library, Avinashilingam Institute for

			writing using Grammarly			Home Science and Higher Education for Women, Coimbatore in collaboration with Bridge People Technology Solutions Pvt. Ltd, Bangalore.
23.	Ms. Bushaira V	08-09-2022	Webinar on Nutrition Management in PCOS	Participant	National	Dept. of Foods and Nutrition, The Maharaja Sayajirao University of Baroda as part of National Nutrition Month
24.	Ms. Bushaira V	09-09-2022	Value of EBSCO Business Source and eBook Academic Collection in Research and Career Development	Participant	National	Library, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore in collaboration with EBSCO Information Services
25.	Ms. Bushaira V	18 to 20-10-22	Three Day Online Workshop on Statistical Data Analysis using SPSS	Participant	Regional	Center for Skill Development & Innovative Research
26.	Ms. Bushaira V	14-10-2022	International Conference on Indian Dairying-Sustainability and Nutritional Security	Participant	International	Dept of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher

						Education for Women, Coimbatore, Nutrition Society of India, Coimbatore Chapter and Indian Dairy Association, Tamil Nadu Chapter, Chennai
27.	Ms. Bushaira V	24.11.2022 - 26.11.2022	Quality Research for Sustainable Future	Participant	State	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore
28.	Ms. Shahla K	20.07.2022	Webinar on NSR-NutriCal	Participant	State	PG Department of Home Science and NSR-NutriCal
29.	Ms. Shahla K	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
30.	Ms. Shahla K	29-07-2022	Webinar on "Making Confectionary Tasty Yet Healthy"	Participant	National	Protein foods and Nutrition Development Association of India and Avinashilingam Institute for Home Science and Higher Education, Coimbatore
31.	Ms. Shahla K	20/07/2022	Lunar day special-Lunar Show	Participant	Regional	NSS and IQAC KAHM Unity Women's College, Manjeri

32.	Ms. Shahla K	14-10-2022	International Conference on Indian Dairying-Sustainability and Nutritional Security	Participant	International	Dept of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Nutrition Society of India, Coimbatore Chapter and Indian Dairy Association, Tamil Nadu Chapter, Chennai
33.	Ms. Shahla K	15,16&17 December 2022	Innovation and Incubation Opportunities in Home Science for Self-Reliant India	Participant	National (34th Biennial National Conference of Home Science Association of India)	Home Science Association of India, Kerala Chapter
34.	Ms. Shahla K	24.11.2022 - 26.11.2022	Quality Research for Sustainable Future	Participant	Regional	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore
35.	Ms. Shahla K	26.2.2023	Training course Industrial training on food microbiology techniques	Participant	International	Uyir tech international
36.	Loosiya KP	14-10-2022	International Conference on	Participant	International	Dept of Food Science and

			Indian Dairying-Sustainability and Nutritional Security			Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Nutrition Society of India, Coimbatore Chapter and Indian Dairy Association, Tamil Nadu Chapter, Chennai
37.		20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR-NutriCal
38.		02.07.2022	Workshop on 'Case Study in Dietetics' - Skill Enhancement Workshop	Participant	Regional	Dept. of Clinical Nutrition, VPS Lakeshore Hospital, Kochi in association with NetProFan
39.		20/07/2022	Lunar Day Special-Lunar Show	Participant	Regional	NSS and IQAC KAHM Unity Women's College, Manjeri
40.		29.07.2022	Faculty Workshop on Learning Management System	Participant	Regional	The Governing Body & IQAC KAHM Unity Women's College, Manjeri

41.	Ms. Nishidha Haridas	20.07.2022	Webinar on NSR-NutriCal	Participant	Regional	PG Department of Home Science and NSR-NutriCal
42.	Ms. Nishidha Haridas	20.07.2022	Lunar day special-Lunar Show	Participant	Regional	NSS and IQAC KAHM Unity Women's College, Manjeri
43.	Ms. Nishidha Haridas	23.07.2022	Live cooking demonstration	Participant	Regional	PG Department of Home Science and Nestle Maggi
44.	Ms. Nishidha Haridas	25.07.2022	Faculty Orientation Programme on Total Quality Enhancement: A Vision Plan for Progressive Future	Participant	Regional	The Governing Body & IQAC KAHM Unity Women's College, Manjeri
45.	Ms. Nishidha Haridas	25.07.2022	Faculty Orientation Programme on Management Information System	Participant	Regional	The Governing Body & PG Dept. of Computer Science KAHM Unity Women's College, Manjeri
46.	Ms. Nishidha Haridas	14-10-2022	International Conference on Indian Dairying-Sustainability and Nutritional Security	Participant	International	Dept of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Nutrition Society of

						India, Coimbatore Chapter and Indian Dairy Association, Tamil Nadu Chapter, Chennai
47.	Ms. Nishidha Haridas	15,16&17 December 2022	Innovation and Incubation Opportunities in Home Science for Self-Reliant India	Participant	National (34th Biennial National Conference of Home Science Association of India)	Home Science Association of India, Kerala Chapter

**Grand received by the faculty members from management for participating in Conference**

<b>Sl. No</b>	<b>Name of the Teacher</b>	<b>Name of the workshop/Conference Attended for Which the Financial support is Provided</b>	<b>Name of the professional Body for Which Membership is Provided</b>	<b>Amount of Support</b>
1.	Mrs. Anitha Begum, Dr. Annie Ninan, Dr. NV Fatimathu Zuhara, Ms. Bushaira V, Ms. Shahla Karuthedath, Ms. Loosiy KP and Ms. Nishidha Haridas	34th Biennial conference of Home Science Association of India	Home Science Association of India	Rs 1450/-

***CRITERIA VII - INSTITUTIONAL VALUES AND BEST PRACTICES***

**I. ACTIVITIES RELATED TO GENDER EQUITY**

**1. Debate on Women, The Family and Freedom –A Gender Sensitization Programme**

Around 42 students participated in the programme and the best debater was Anshiya CM and Mubashira AK of II Sem MSc Home Science (Nutrition and Dietetics). The programme was organized by the Association Secretary- in- charge Ms. Rishana, III Sem. BSc Family & Community Science



## 2. Counselling Session to Students on Tackling Women's Nutritional Problems and Health Issues

During the diet counselling programmes conducted on every Friday, counselling on the ways to prevent or overcome the various nutritional problems and health issues prevalent among adolescent girls and women was given.

## II. ENVIRONMENTAL AWARENESS PROGRAMMES BY THE DEPARTMENT

Sl. No	Name of the Activity	Date of Programme	No. of Participants
1.	Film Show on Earth	17/11/2022	50
2.	Paper Bag Making Workshop	24/11/2022	45
3.	Poster Making Competition on "A World Of 8 billion: Ensuring Rights and Choices for All"	11/07/2022	5
4.	Community Intervention Programme on School Health Day	18/07/2022	100
5.	Awareness Programme on Nutrition and Developmental Disabilities	05/04/2023	45
6.	National Child Health Day-Community Outreach Programme	03/10/2022	70
7.	Waste Water Management	-	-
8.	Community Awareness Programme	-	-
9.	Audit Course on Environment Science	-	-
10.	Plastic Reuse - Innovative Products from Plastic Waste	-	-
11.	Promotion of Utilization of Locally Available Underutilized Foods and Coconut Oil Cake	-	-
12.	Popularization of product made from coconut shell	-	-

## Energy Conservation Policy and Programmes

1. Wall notices on instructions for energy conservation in classrooms, department and labs
2. Student representatives were allotted in each class for monitoring the proper usage of electrical devices in the class room

### III. DAY CELEBRATIONS

Sl. No	Day Celebrations	Name of the Activity	Date of Programme	No. of Participants
1.	Osteoporosis Day Celebration	Invited Lecture	20-10-2022	125
2.	Breast Cancer Awareness Month Celebration	Awareness Class	19-10-2022	199
3.	World Population Day	Poster making competition	11-07-2022	5
4.	World Food Day	Packed Lunch Competition	17-10-2022	20
5.	World Blood Donor Day	Awareness Class	14-06-2022	50
6.	International Day Against Drug Abuse and Illicit Trafficking	Flash Mob	26-06-2022	25
7.	International Yoga Day	Demonstration of Yoga	21-06-2022	25
8.	World Hepatitis Day	Exhibition	29-07-2022	25
9.	World Breastfeeding Week	Intercollegiate E-Quiz Competition	03-08-2022	85

10.	School Health Day	Nutritional Assessment Programme	18-07-2022	100
11.	World Mental Health Day	Survey to assess stress among students	10-10-2022	332
12.	World Heart Day Celebration	Zumba Class	30-09-2022	40
13.	National Child Health Day	Community Outreach Programme	03-10-2022	70
14.	World Arthritis Day	Community Outreach Programme	25-10-2022	47
15.	National Nutrition Month	Poster Exhibition	29-09-2022	100

#### IV. BEST PRACTICES

- **Earn While Learn Programme**

Earn while learn programme is an initiative by the PG Dept. of Home Science for the students with the objective to make the students self-sustained during their time of studies for getting work experience and providing hands-on training while studying. In this programme, the students have the facility to put their stalls on every Friday from 12.30 to 2 pm.

- **Pothichoru**

The “Pothichoru” – Packed lunch was launched by clicking the logo by Jb. Munawar Ali Shihab Thangal (President, College Management Committee) at the Home Science fest held on 2nd March 2017. It was implemented as a community welfare program with the motive of distributing “Pothichoru” to Shalomatha Bhavan, Cherani Manjeri. It belongs to the Franciscan Missionary Sisters Association. It is a home for mentally ill and destitute

women. Presently, 68 inmates are there. The age range of people who stay there is 30 to 95 years. Only five sisters and two supporting staff members work there. Every Tuesday, the students were asked to bring Pothichoru from their homes. It was distributed to the above-mentioned old-age home. An amount of 10 rupees was also collected from those who were not able to bring Pothichoru.

- **Diet Clinic**

The Department of Home Science conducted a diet counselling centre on all Fridays (1 to 2 pm) with the purpose of extending awareness and knowledge about healthy diet and lifestyle to the public. The students are also trained to provide counselling to various health related issues with the view to train them as health ambassadors. Important day's specific to nutrition and health are observed to create awareness among students and the public. All the sectors like students, teachers and staff are covered with special emphasis on lifestyle disorders and non-communicable diseases.

- **Peer Learning in Planning Normal & Therapeutic Diets**

Peer groups, each with a leader, were formed in V semester B Sc Family & Community Science class in order to facilitate and guide the students in planning normal and therapeutic diets. Planning a balanced diet with adequate supply of nutrients for different stages of life and the dietary modifications for different disease conditions is a laborious process and it needs expertise and patience. In order to simplify the process and for providing effective training in planning such diets, peer groups were formed in V semester B Sc Family & Community Science class. The students who are good at diet planning and nutritive value calculation were identified as peer group leaders.

- **Promoting Alumni Entrepreneurs Through Extension Counter - Alumni Entrepreneurs Mela- Teamio 2k23**

The alumni who are entrepreneurs in various fields were promoted by providing opportunities to sell their products inside and outside college. The PG department of Home Science offers Extension Counter on Friday, once in a month for the sale of popularization of their products. Apart from that, their products have been promoted by recommending and purchasing them for various purposes in and around the department.

- **PG Thesis Proposal Presentation**

The Home Science department conducted the PG thesis proposal presentation on 3<sup>rd</sup> January, 2023. All the students of II-year M.sc Home Science (Nutrition and Dietetics) presented their own research proposal before the faculty members. The scope, objectives and methodology of their proposed thesis topics were discussed and finalized.